

IS TWIN PREGNANCY, CALVING AND PREGNANCY LOSS PREDICTABLE BY SERUM PREGNANCY-SPECIFIC PROTEIN B (PSPB) CONCENTRATION 28–35 DAYS AFTER AI IN DAIRY COWS?

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Double ovulation occurs more frequently in multiparous cows with high milk production than in primiparous cows and the rate of twin pregnancy/calving is increasing worldwide. Diagnosis of twin pregnancy is possible by ultrasound at the time of early pregnancy examination [28–34 days after artificial insemination (AI)]. Pregnancy proteins are also well-known indicators of gestation. The risk of pregnancy loss during the first trimester of gestation for cows carrying twins is three to nine times higher than for cows carrying singletons. Pregnancy-specific protein B (PSPB) is a good indicator not only of pregnancy but also of pregnancy loss. The aims of this study were (a) to collect calving data in some Hungarian Holstein-Friesian herds ($n = 7,300$) to compare PSPB serum concentrations (measured 29–35 days post insemination) in twin- and singleton-calving cows (Trial 1), and (b) to check the predictive value of PSPB serum concentration for twin pregnancy and pregnancy loss in high-producing Spanish Holstein-Friesian cows ($n = 98$; Trial 2). Our results showed almost 7% twin calving rate. Although hormonal treatments are commonly believed to be major causes of twin pregnancies, our data do not support this hypothesis. The only exception is the single PGF injection, which significantly increased twin calving. No effect of milk production on the risk of twin pregnancy was found, and twin pregnancy increased with parity. The AI bull, the bull's sire, the bull's grandfather and the cow's father also affected twin calving ($P \leq 0.02$). We found much higher frequency of twin calving in cows diagnosed pregnant with higher than 3 ng/ml serum PSPB concentrations at 29–35 days after insemination. In Trial 2, non-significant but well-marked differences were found in PSPB serum concentration between singleton- and twin-pregnant cow samples (2.1 and 2.9 ng/ml) at different bleeding times. Probably the small size of the study population and the effects of milk production on PSPB values may explain this lack of significance.

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The apparent milk yield per dairy cow increased by 1.5% in the EU-28 from 2014 to 2015, almost reaching 6,900 kg per dairy cow (Eurostat, 2016). In Hungary the standard lactation production increased by approx. 700 kg between 2013 and 2016, and it has almost reached 10,000 kg/cow/year recently (Standard lactations – Hungarian Holstein-Friesian Breeders' Association homepage, Annual Report 2017). This large improvement of milk production can be attributed to the intensive genetic selection for milk production (especially genomic selection). High milk production is believed to be associated with declining fertility rates and a longer calving to conception interval (Lucy, 2001; López-Gatius, 2003). Moreover, in the past four decades the rate of twin calving also increased (Kinsel et al., 1998; Silva de Rio et al., 2007) due to the increase of multiple ovulation associated with the high milk yield (Fricke and Wiltbank, 1999; López et al., 2005) and with some synchronisation protocols (Andreu-Vázquez et al., 2012a). Twin pregnancy is undesirable due to the high risk of pregnancy loss, placenta retention, involution disorders and freemartinism (López-Gatius et al., 2017).

The rate of twin pregnancy/calving is increasing worldwide and some papers report extremely high occurrence (17.9% in Spain – Andreu-Vázquez et al., 2012a) at the time of the early pregnancy detection or twin delivery in 12% of the cows (Silva del Rio et al., 2007). Double ovulation occurs more frequently in multiparous cows with high milk production than in primiparous cows (Fricke and Wiltbank, 1999; López-Gatius et al., 2005; Kusaka et al., 2017).

Diagnosis of twin pregnancy is possible by ultrasound at the time of early pregnancy examination [28–34 days after artificial insemination (AI) – López-Gatius et al., 2004]. The risk of pregnancy loss during the first trimester of gestation for cows carrying twins is three to nine times higher than for cows carrying singletons (López-Gatius et al., 2002, 2009; López-Gatius and Garcia-Ispuerto, 2010). Pregnancy proteins are also well known indicators of gestation. Nowadays not only blood (Sasser et al., 1986; Humblot et al., 1988; Zoli et al., 1991; Romano and Larson, 2010) but also milk tests are available (Friedrich and Holtz, 2010) for the detection of early pregnancy in ruminants. Pregnancy-specific protein B (PSPB) is a good indicator not only of pregnancy, but pregnancy loss as well (Gábor et al., 2016). Although some data were published about the application of pregnancy-associated protein for twin pregnancy diagnosis (Szelényi et al., 2015; Garcia Ispuerto et al., 2016), but its usefulness on practical level is still questionable.

The aims of our study were (a) to collect calving data in Hungarian Holstein-Friesian herds to compare PSPB serum concentration (measured 29–35 days post insemination) in twin- and singleton-calving cows and (b) to check the predictive value of PSPB serum concentration for twin pregnancy and pregnancy loss in high-producing Spanish Holstein-Friesian cows.

Materials and methods

PSPB detection

In all experiments, a blood sample from each cow was collected from the coccygeal blood vessels 29–35 days after insemination, and sent to a routine laboratory (Androvet, Budapest, Hungary) by overnight mail. Upon arrival at the laboratory, blood samples were centrifuged (2000 rpm for 10 min) and the resulting sera were assayed for Pregnancy-Specific Protein B (BioPRYN™; BioTracking, Moscow, ID, USA), as described earlier (Gábor et al., 2007). Cows with serum PSPB concentrations > 1.1 ng/ml were considered pregnant, those with < 0.6 ng/ml were considered nonpregnant, and those with concentrations between 0.6 and 1.1 ng/ml were deemed to be at a high risk of pregnancy loss. In all cows initially designated pregnant, continuation of pregnancy or pregnancy loss were determined by transrectal palpation 60–70 days after AI.

Trial 1. Samplings for PSPB examinations on days 29–35 after AI were performed on three large Hungarian dairy farms (average herd sizes and milk production ranged from 800 to 1100 cows and from 9,500 to 10,850 kg/cow/year, respectively) and PSPB determinations were carried out routinely in the Androvet laboratory between April 2012 and May 2016 (n = 7300). In that period, cows with twin calving were recorded in the sampled herds. Data of AIs resulting in twin calving were collected (serum PSPB concentration, date of the AI, parity, milk production and body condition score by the time of the AI, AI bull, the father of the cow, hormonal treatments before the AI, daily temperature data) in a self-developed database (Bopella).

Trial 2. Blood samples were collected from 98 dairy cows on two high-producing dairy farms (1100 and 750 cows, respectively) in Northeastern Spain. Cows were examined by transrectal ultrasound (EasyScan, BCF Technologies, United Kingdom) three times: between 29–35, 36–42 and 43–49 days after AI. The ovaries and uterus were examined and pregnancy was confirmed by the identification of one/two embryo(s) and embryonic heartbeat and the presence of a corpus luteum/two corpora lutea on the ipsilateral ovary. Within the weekly reproductive visit, for every two cows carrying live twins one cow with one embryo was added to the study, because singletons were only control animals. At the time of pregnancy diagnosis blood samples were collected from the coccygeal vein. Serum samples were sent to the Androvet laboratory on dry ice and assayed for PSPB concentration as described above. The diagnosis of pregnancy loss was based on the last two ultrasound examinations (35–41 and 43–49 days post AI, respectively).

Statistical analysis

The association of the binary outcomes and the independent variables was analysed by logistic regression (Gelman and Hill, 2006). Prediction performance was evaluated by ROC analysis, while the chi-square test was used to determine relationships between categorical variables. Normality of the distribution of serum PSPB concentrations was tested (Shapiro-Wilk normality test). Depending on the normality of the data Student's *t*-test or Wilcoxon rank sum test was used for mean/median serum PSBP concentrations of cows calving twins or singletons and a basic comparison (Table 1). All data analyses were performed using the R language and environment (R Core Team, 2017; R: A language and environment for statistical computing. R Foundation for Statistical Computing, Vienna, Austria. URL <https://www.R-project.org/>).

Table 1

Detailed information about serum PSPB concentrations (normality of the distribution, mean/median, standard deviation and interquartile range)

Trial 1													
Singletons						Twins							
N	mean	SD	median	IQR	Normality test* (P)	N	mean	SD	median	IQR	Normality test* (P)	Test**	
6372	2.88	1.38	2.65	1.26	< 0.001	469	3.79	1.83	3.50	1.42	P < 0.001	P < 0.001	
Trial 2													
PSPB 1	34	2.10	1.03	2.03	1.56	0.035	64	2.90	0.87	2.90	1.25	0.129	0.0002
PSPB 2	34	1.77	1.05	1.60	1.73	0.075	61	2.52	0.74	2.53	1.16	0.48	0.0005
PSPB 3	15	1.97	0.64	1.95	0.85	0.969	58	2.15	0.67	2.00	1.07	0.0478	0.5526

*Shapiro-Wilk normality test; **Depending on the normality of the data Student's *t*-test or Wilcoxon rank sum test was used; IQR: interquartile range

Results

Trial 1

Examination of 7300 deliveries showed a 6.4% twin calving rate in the three herds (Table 2). Differences in the distribution of serum PBSP concentrations for cows calving twins and singletons are shown in Fig. 1. The logistic regression analysis of hormonal treatments prior to AI also indicates differences: the highest twin calving rate occurred after PGF treatment (OR: 1.44, 95% CI: 1.10–1.86, $P = 0.0076$), while the lowest twin calving rate could be observed followed the Provsynch (PreSync plus Ovsynch; OR: 0.59, 95% CI: 0.40–0.85, $P = 0.0026$) protocol (Table 2).

Table 2

Twin calving and hormonal treatments in Trial 1

	Singleton	Twin	Total	Twin, %	Odds ratio	95% CI
AI after spontaneous heat	4253	291	4544	6.4 ^A	–	–
AI after Provsynch protocol	843	35	878	4.0 ^B	0.59	0.40–0.85
AI after Ovsynch protocol	876	60	936	6.4 ^A	1.001	0.74–1.34
AI after single PGF2 α injection	860	82	942	8.7 ^C	1.44	1.10–1.86
Total	6832	468	7300	6.4	–	–

^{A-C}Between adjacent rows, numbers without a common superscript differed significantly ($P < 0.05$); CI: confidence interval

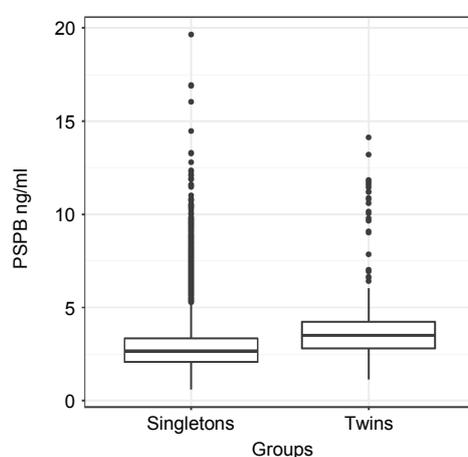


Fig. 1. Differences in the distribution of serum PBSP concentrations for cows calving twins and singletons (Trial 1)

More detailed statistical analysis of the pedigree, breeding and reproduction data demonstrates that high PSPB concentration (29–35 days after AI) significantly correlates with twin calving rate (OR = 1.31; $P < 0.0001$; Table 3, Fig. 2). The positive predictive value of the cut-off (3 ng/ml) using logistic regression (OR: 3.84, 95% CI: 3.15–4.71, $P < 0.0001$) for the risk of twin calving in cows with serum PSPB values higher than 3 ng/ml is 0.12 (95% CI: 0.11–0.14), the negative predictive value is 0.96 (95% CI: 0.96–0.97). Genetics also seems to have a significant effect on twin calving (AI bull: $P = 0.017$, bull's sire: $P = 0.02$, bull grandfather: $P = 0.0007$, cow's father: $P = 0.016$). The number of AIs, the body condition score (BCS), daily temperature and daily milk production by the time of the AI and the age of the cow had no significant effect on twin calving.

Table 3
Twin calving and serum PSPB concentrations in Trial 1

Serum PSPB concentrations (ng/ml)	Pregnant samples	Twin calving	%
0.6–1.1	136	0	0.0
1.101–2	1492	29	1.9
2.001–3	2895	120	4.1
3.001–4	1738	154	8.9
4.001–	928	166	17.9

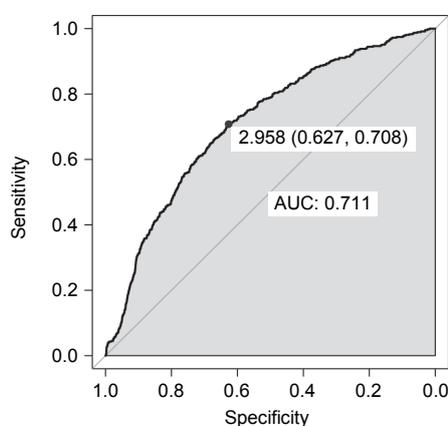


Fig. 2. ROC analysis of twin calving and serum PSPB concentration (Trial 1)

Trial 2

The main results of Trial 2 are summarised in Tables 4 and 5, and in Fig. 3. Ninety-eight pregnant cows were included in the study 29–35 days after AI: 64 twin and 34 singleton pregnancies were diagnosed by transrectal ultrasound. Daily milk production at the time of pregnancy diagnosis (mean of the three previous days \pm SD) for these cows was 40.9 ± 8.4 kg, ranging from 18 to 62 kg. One week later three pregnancy losses were diagnosed out of the 64 twin pregnancies (4.4% pregnancy loss). Between days 43–49 after AI another three and 19 losses of twin and single pregnancies were detected (4.6% and 55.9% pregnancy loss, respectively). All ultrasound-based pregnancy diagnoses were confirmed by the results of the Biopryn test (serum PSPB concentration). Although serum PSPB concentration differed between singleton- and twin-pregnant cows, the differences were not significant. Statistical analysis showed that cows with higher parity have a lower risk for twin pregnancy ($P = 0.023$). Open days, number of AIs and milk production had no effect on the twinning rate. Parity had a significant impact on pregnancy loss, since cows with more calvings had higher pregnancy loss (20% vs. 28.6%, $P < 0.05$).

Table 4

Odds ratios (OR) and P values for twin pregnancy (Trial 2)

	OR for twin pregnancy	P value
PSPB threshold 3 ng/ml	3.62	0.009
Daily milk production	0.94	0.130
Number of AIs	1.03	0.819
Open days	1.01	0.753
Primiparous	1.02	0.930
Multiparous	0.16	0.023

Table 5

Pregnancy loss in twin- and singleton-pregnant cows in Trial 2

	Primiparous		Multiparous	
	Pregnant	Pregnancy loss	Pregnant	Pregnancy loss
Singleton	5	3	29	16
Twin	30	4	34	2
Total	35	7	63	18
Pregnancy loss %		20.0% ^A		28.6% ^B

^{A-B}Between adjacent columns, numbers without a common superscript differed significantly ($P < 0.05$)

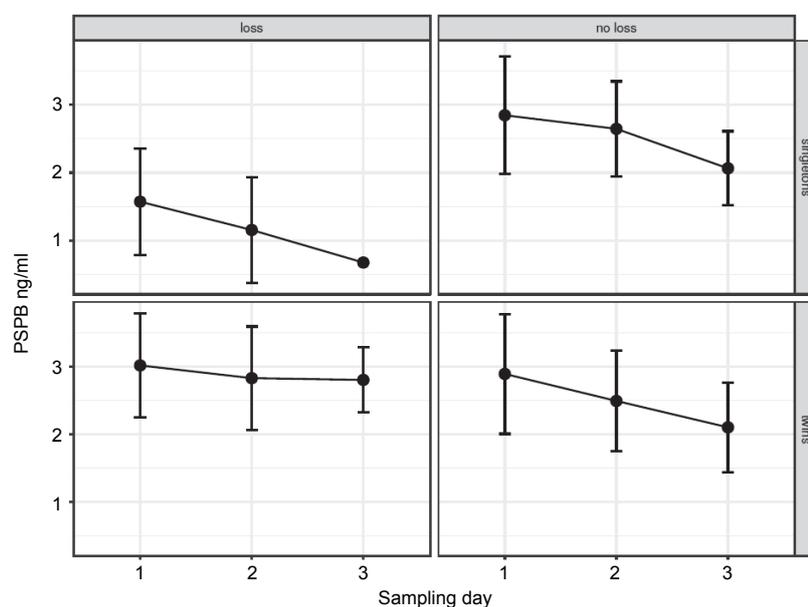


Fig. 3. Serum PSPB concentrations in twin- and singleton-pregnant cows in Trial 2 (sampling day 1: 29–35 days post AI; sampling day 2: 36–42 days post AI; sampling day 3: 43–49 days post AI)

Discussion

Twinning in the dairy cattle population appears to be increasing over time (Kinsel et al., 1998; Johanson et al., 2001; López-Gatius et al., 2017). If this trend continues, the dairy industry must be prepared to cope with the negative effects associated with twinning (Fricke, 2001). In the late 1950s and early 1960s the incidence of twinning was approx. 1% in dairy cattle (Noakes, 2009) and it significantly increased over the past decades along with the increase in milk production (Nielen et al., 1989). Our results (Table 2) showed a similar trend and we recorded almost 7% twin calving rate in the three herds. This is definitely a much higher twin calving rate than observed earlier (1–5% depending on the breed; Horn, 1973). Although it is a common belief that hormonal treatments are the major causes of twin pregnancies, our data do not support this hypotheses. The only exception is the single PGF injection and this is in agreement with the findings of Andreu-Vázquez et al. (2012a) who reported that only those oestrus synchronisation protocols used before AI affected the twin pregnancy rate in which PGF was used together with other hormones (PRID, eCG). PGF alone (Kinsel et al., 1998) or in combination with FSH/LH or GnRH (Nielen et al., 1989) increased the risk of twinning. No effect of milk production on the risk of twin pregnancy was found, in agreement with a previous study (Andreu-Vázquez et al., 2012b). The likelihood of twin pregnancy increases with parity. Older cows have been described to be more likely to deliver twins (Cady and Van Vleck, 1978; Nielen et al., 1989; Eddy et al., 1991; Kinsel et al., 1998; Andreu-Vázquez et al., 2012b). Our results showed that the AI bull, the bull's sire, the bull's grandfather and the cow's father also affected twin calving ($P \leq 0.02$). Johanson et al. (2001) analysed the calving data of North American Holsteins [1,324,678 births of 37,174 sires of cows from the National Association of Animal Breeders (NAAB) calving ease database]. Heritability estimates for the sire of the cow effect were 2.10% by the linear model analysis and 8.71% by the threshold model analysis. The predicted transmitting abilities (PTA) of sires for twinning rate ranged from 1.6 to 8.0%. The authors concluded that sire selection can be used to reduce the incidence of twins and also the increased cost of production associated with twins.

In our study we found a much higher frequency of twin calving in cows diagnosed pregnant with more than 3 ng/ml serum PSPB concentrations at 29–35 days after insemination (Table 3). Although individual differences could be detected, the trend was similar to the results of others who stated that cows bearing twins showed significantly higher plasma PAG-I (López-Gatius et al., 2007) or plasma PAG I, PAG-II and P4 concentrations (Garcia-Ispierto et al., 2016) throughout the study period than cows bearing singletons.

Although there was a significant difference in PSPB serum concentration between singleton and twin pregnancies on the first two sampling days (Table 1)

in Trial 2, overall the differences in PSPB serum concentration were non-significant between singleton- and twin-pregnant samples (2.1 and 2.9 ng/ml). Probably the low size of the study population and the effects of milk production on PSPB values may explain this lack of significance. Daily milk production at the time of pregnancy diagnosis slightly exceeded 40 kg, and milk production correlated negatively with plasma PAG-I values in a previous study (López-Gatius et al., 2007). Although a lower pregnancy loss rate (9.4%) was recorded in twin-pregnant than in singleton-pregnant (55.9%) cows (in these cases small morphological abnormalities such as smaller amount of amniotic fluid and smaller size of the embryo were seen), twin pregnancy is undoubtedly a high risk factor for the termination of pregnancy in cattle (López-Gatius and Hunter, 2017; López-Gatius et al., 2017). Statistical analysis showed a lower risk of twin pregnancy in higher parity cows ($P = 0.023$), but several other data confirm (Johanson et al., 2001; Gábor et al., 2016) that in this case it is an accidental finding probably caused by the relatively low number of cases. All other findings (i.e. that the number of open days, the number of AIs and milk production had no effect on twin pregnancy) are supported by the results of earlier researches. Not surprisingly, parity has an impact on pregnancy loss (Table 5), since cows with more calvings had a higher pregnancy loss (20% vs. 28.6%, $P < 0.05$).

Although we also do not have a clear explanation for the decrease of serum PSPB concentrations at the different blood sampling times, an apparent decline in plasma PA-I values on day 42 of gestation was previously described (López-Gatius et al., 2007). This is not surprising in view of the fact that PAG molecules are a family of closely related proteins whose expression patterns vary temporarily during different periods of gestation (Green et al., 2000; Garbayo et al., 2008).

After analysing the twin calving data in some Hungarian Holstein-Friesian herds we can conclude that twinning rate rapidly increased over the past decades as well and it seems that more genetic than management (e.g. hormonal treatments) factors could be identified in the background of this unwanted change. Under our conditions, no real predictive value of PSPB was found for twin pregnancy or pregnancy loss, probably due to the relatively low number of experimental animals and the negative effect of high milk production on PSPB values in Trial 2. However, we found that lower PSPB serum concentration 29–35 days post AI represents a high risk for pregnancy loss as reported in a previous paper (based on the analysis of approx. 140 thousand data; Gábor et al., 2016).

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